



OCTOBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Carne Asada Tacos Mexican Rice Green Salad	2
3	4 Beef Tostadas Mexican Rice Lettuce/Tomatoes Sour Cream/Cheese	5 Roasted Chicken Baked Potato Green Salad Dinner Roll	6 Chicken Sandwich Pasta Salad Potato Chips	7 Rigatoni Garlic Bread Green Salad	8 Carne Asada Burrito Bar Rice/Beans Green Salad	9
10	11 Hamburger French Fries Lettuce/Tomatoes Green Salad	12 Spaghetti with Meatballs Garlic Bread Green Salad	13 Chicken Taquitos Mexican Rice Lettuce/Tomatoes Sour Cream	14 Pork Ribs Chili Beans	15 Carne Asada Burrito Bar Rice/Beans Green Salad	16
17	18 Chicken Fajitas Mexican Rice Green Salad	19 Tri-Tip Sandwich Potato Salad Chips	20 Chicken Enchiladas Mexican Rice Green Salad	21 B.L.T. Sandwich French Fries	22 Carne Asada Tacos Mexican Rice Green Salad	23
24	25 Baked Chicken Rice Pilaf Green Salad	26 Turkey Sandwich or Club Sandwich French Fries	27 Meat Loaf Mashed Patatoes with Gravy Green Salad	28 Fried Tilapia Steamed Rice Coleslaw	29 Carne Asada Tacos Mexican Rice Green Salad	30
31	Monday -Friday Breakfast 9:00-10:00 Lunch 11:00-12:30	Notes	Taxes not included Lunch \$7.50 Entrée \$5.50 Dessert \$1.50 Chips \$.75 Can Soda or Water \$1.00 Jarritos \$1.50		Breakfast Breakfast Burritos \$3.00 plus tax or 2 for \$5.00 plus tax	